



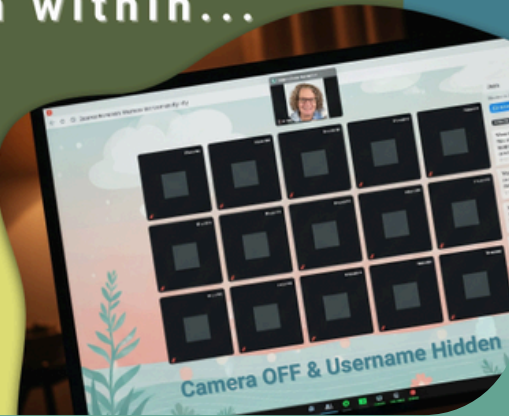
# The Brave Space GUIDE

The Margin Your Soul Has Been Craving For



For Faithful, Christian  
Women who  
Lead out Loud  
&  
Long to Listen within...

A weekly online  
**SACRED** experience  
to reflect, refine,  
refresh & rekindle  
like none other



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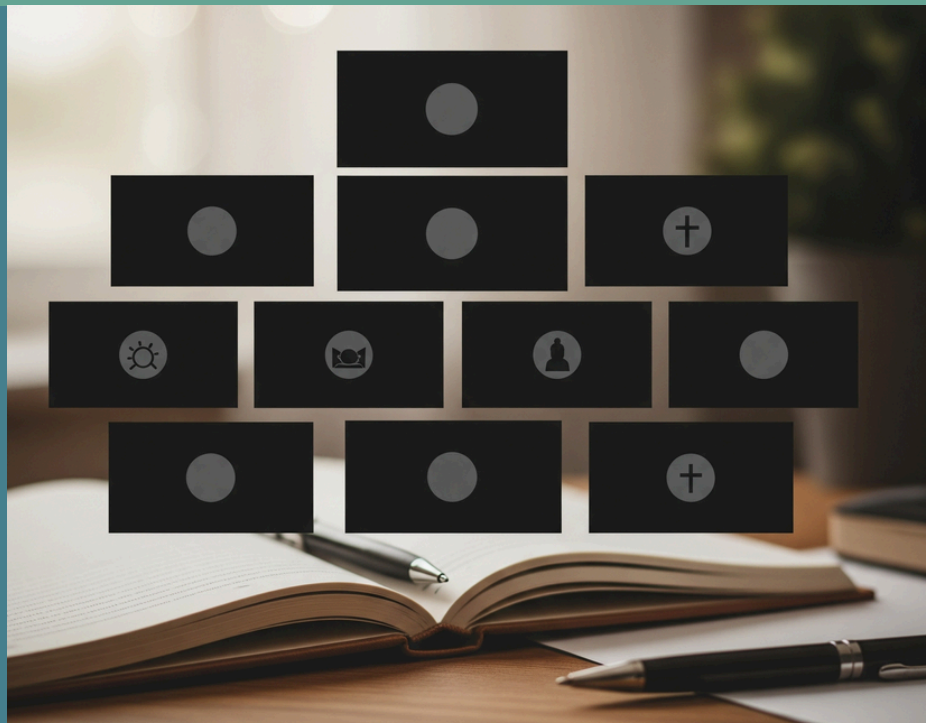
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### What It Is

*The Brave Space Journey* is a **weekly, 90-minute** online gathering where women of godly influence and leadership slip out of the spotlight, silence the swirl, and enter a carefully guided environment of reflection, wrestling, and renewal.

- **Cameras off.** No one is watching your expressions or your background.
- **Usernames hidden.** You can step in anonymously, free from comparison or performance.
- **Hearts and minds prepared.** We come ready to be real, raw, & responsive to the Holy Spirit.

*Masterpiece*  
Coaching, LLC

LIVE ALIGNED TO YOUR DESIGN



## Who Leads

Tami Thorsen, PCC (ICF)—a generously kind, grace-saturated Christian Life Coach, facilitator, and coaching-skills trainer since 2016—sets the tone with professional structure and Spirit-led sensitivity. Her gentle but intentional style keeps the conversation honest, compassionate, and purpose-driven.



## What Happens in each 90-minute Session

**Arrival & Settling** (cameras off; username unknown, except for Tami's)

A brief centering prayer and Scripture to quiet the noise.

**Whole-Group Raw & Real Wrestling**

Tami frames a heart-hitting theme—

anything from “unchecked expectations” to “hidden grief behind our hustle.”

**Guided Self-Reflection**

Cameras remain off while you journal, breathe, and invite the Spirit to surface thoughts, triggers, emotions, and motives.

**Breakout Experiences**

Solo rooms for deeper journaling and prayer.

Dyad or triad rooms (1–2 others) for real, raw, honest sharing, wrestling, listening, and prayer.

Facilitated group dialogue to glean collective wisdom and weave the Word into our discoveries.

**Holy Stillness**

Built-in silence so you can simply listen for Christ's tender invitations.

**Next-Step Discernment**

Each woman personally pinpoints their one “most-important next step”—a doable, Spirit-prompted action that deepens their authentic presence with God, self, and others for the week ahead.

**Closing Blessing & Prayer**

We finish covered in intercession and expectancy.



# The Brave Space

## Between Sessions



You carry your personal Brave Space into daily life—experimenting with your next step in the real contexts where you live, work, and play.

The following week we regroup to process, realign, and continue the journey with fresh grace.



## What You Need

- A quiet corner and a phone or computer with **Zoom**.
- Your **Bible**, A **journal\*** or scrap paper and a favorite **pen**. (\*Tailor-made *Masterpiece Reflection Journal Guides* available for purchase)
- A heart that's **open, real, raw, and ready** to meet with Jesus—the Shepherd of your soul...together and alone.



## THE PROMISE



**Soul Honesty**: Peel back layers you've dismissed or left unsaid and let God gently speak to the nitty-gritty of your heart.

**Divine Clarity**: Trade mental clutter for Spirit-led insight and Scripture-anchored direction in the stillness.

**Practical Margin**: Gain rhythms that protect your inner life amid relentless demands and the world's fast-paced rush.

**Gospel Impact**: Lead, serve, and love from wholeness—so your influence carries Christ's aroma, not your exhaustion.

**Ongoing Flourishing**: Week by week, watch peace, joy, & intentionality take deeper root **inside**— flowing outward to everyone you touch.



## Why It's Unlike Anything Else

The Brave Space is not a Bible study group, not a training, and not a webinar.

The Brave Space is an intentionally curated experience that offers:

### ✓ A Safe Space to Challenge Your Spiritual Status Quo

Many of us have gotten so comfortable in our pace and patterns that we don't realize just how crowded our lives have become. This journey lovingly helps you see where you've settled and invites you to step out of the squeeze and further into God's abundant life.

### ✓ A Sacred Space to Look Into God's Mirror

Here, we slow down and actually examine our thoughts, assumptions, fears, and schedules under the truth of God's Word. We wrestle with what's been buried beneath the pace of life—and we do it together, without shame.

### ✓ A Real Space to Let Your Guard Down

This is where you can bring your "crazy" without fear. We exchange judgment for empathy, polish for honesty, and pressure for peace. We all come in messy, and we walk together into the beauty of God's promises and peace.

### ✓ A Long-Term Space for Lasting Change

This isn't a one-off workshop or motivational weekend. This is a marathon-minded journey where you commit to slow growth, deep transformation, and daily alignment with your God-given design.



# 10 Indications that Your Faithful Life Might be **OVERCROWDED**

Your life may look faithful and fruitful, but something inside you aches for more. If your soul feels exhausted, squeezed thin, or spiritually disconnected, you're not alone—and you're not designed to stay stuck.

You might be living life overcrowded if...

1. You serve faithfully, yet feel strangely out of place in your own story.
2. Your calendar is godly-full, but your soul is margin-bare.
3. You silence God-planted dreams because duty always shouts louder.
4. You extend grace to others but ignore your own inner ache.
5. Your quiet time is rushed, and your soul longs for uncluttered intimacy with God.
6. You feel like you're here, but not really present.
7. You're constantly showing up for others, but not for yourself or God.
8. You dismiss your desires as selfish, while secretly aching for more purpose, clarity, confirmation and peace.
9. You're tired of always being "fine"—while inside, you long to let your guard down.
10. You wonder, "What if the question isn't 'what's next'—but 'who am I becoming?'"

## You Were Designed for More

You were never meant to just manage a life of noise and demands. You were created as God's masterpiece—designed to flourish in His presence and overflow His glory. To rise tall not in perfection, but in surrendered alignment—through highs and lows, victories and scars.

**It's Time for Brave Change.**

**If you see yourself in these signs, it's not condemnation—it's invitation.**

**A n i n v i t a t i o n t o r e c l a i m m a r g i n .**

To slow down. To listen deeply. To rediscover the real you God designed for His glory.

*"For we are God's masterpiece. He has created us anew in Christ Jesus, so we can do the good things He planned for us long ago."*

—Ephesians 2:10 (NLT)



# 3 Types of Sacred Space Every Faithful Woman Needs

In The Brave Space, you'll find three rare but desperately needed types of sacred space:

## 1. Sacred Space to Be Real and Raw

This is a space where masks can fall off and hearts can open wide. God invites us to bring our unfiltered selves. Realness is sacred.

- Psalm 62:8 – “Trust in him at all times, O people; pour out your heart before him; God is a refuge for us.”
- Counter to Culture: The world rewards polished, curated versions of ourselves. But God dwells with the brokenhearted and the honest (Psalm 34:18).

## 2. Sacred Space to Be Honest with Yourself

This is where truth meets grace and transformation begins. Women need space to ask hard questions, face inner fears, and identify what's misaligned.

- Lamentations 3:40 – “Let us test and examine our ways, and return to the Lord!”
- Counter to Culture: Culture tells women to “be your own truth,” but Scripture calls us to be led by the Spirit, not deceived by our hearts (Jeremiah 17:9).

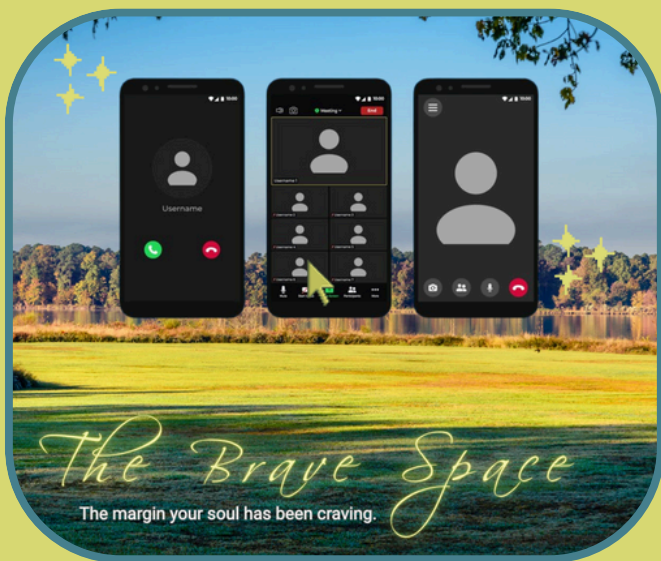
## 3. Sacred Space to Be Spiritually Aligned

This is where women surrender striving and live by abiding in Christ. Sacred space re-aligns us with God's identity, strength, and purpose.

- John 15:5 – “I am the vine; you are the branches... apart from me you can do nothing.”
- Counter to Culture: The world praises productivity, but Christ prioritizes presence.

You are God's  
*Masterpiece*  
Ephesians 2:10





## Step 1:

**Submit an intake form\* and receive a link to a Free Discovery Call**

This is a *no-pressure conversation* to explore whether The Brave Space Masterpiece Journey is the right fit for you.

**(Brave Space Access and/or Monthly Membership ranges from \$39-\$325)**

## Step 2:

**Sign *The Brave Space Covenant* and Submit Membership Payment**

If The Brave Space feels like a good fit, I'll send you a link to review and complete the Brave Space Covenant. Once it's submitted and approved, you'll receive a follow-up email with payment details.

## Step 3:

**Begin Your Journey**

You will be emailed a weekly reminder with the private Zoom link to join our private online Brave Space calls.

### **Your Invitation**

You are **God's masterpiece**—designed for purpose, formed for glory. But becoming who He created you to be takes **margin, honesty, and space** to be **real**.

Slow down, show up, and say yes to this deeper work.

👉\*Submit *The Brave Space* **Intake Form** Today