



## **TABLE OF CONTENTS**

The Brave Space Overview	02
• Who Leads	03
<ul> <li>What Happens Each Session</li> </ul>	
Between Sessions	04
What You Need	
• THE PROMISE	
Why it's Unlike Anything Else	05
10 Indications Your Faithful Life Might be Overcrowded	06



How to Get Started 08

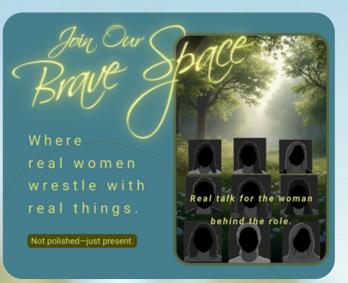




#### What It Is

The Brave Space Journey is a **weekly, 90-minute** online gathering where women of godly influence and leadership slip out of the spotlight, silence the swirl, and enter a carefully guided environment of reflection, wrestling, and renewal.

- Cameras off. No one is watching your expressions or your background.
- **Usernames hidden**. You can step in anonymously, free from comparison or performance.
- **Hearts and minds prepared.** We come ready to be real, raw, & responsive to the Holy Spirit.



#### **Who Leads**

Tami Thorsen, PCC (ICF)—
a generously kind, grace-saturated
Christian Life Coach, facilitator,
and coaching-skills trainer since 2016—
sets the tone with professional structure and
Spirit-led sensitivity. Her gentle but intentional
style keeps the conversation honest,
compassionate, and purpose-driven.

## What Happens in each 90-minute Session

The Brave Space is an online community where each woman brings her own thought, trigger, doubt, victory, failure, dream, decision, situation, or circumstance—whatever is most real for her that day.

Every session invites you to lay that personal need before God, letting the session's theme and Scripture become an overlay and springboard for Christ's unique work in your life.

We begin by reflective guidance on God's Word, listening for what stirs in us as we read, ponder and hear Scripture. **The theme isn't meant to replace your story, but to invite you to see your own journey through God's eyes.** As you reflect, Tami lovingly guides you to notice what rises up—hopes, fears, resistance—and to bring it honestly before Jesus.

Through guided group reflection and gentle questions, you're invited to let Christ meet you right where you are. The group supports each woman's process, normalizing both struggle and hope, and making space for God's Spirit to move personally and powerfully.

Each session closes with a simple next step you commit to "trying out" in the context of your own life outside The Brave Space—anchored in prayer and Scripture—so you can walk forward with courage, trusting that Christ is at work in your real, everyday life.

In Brave Space, what you bring matters.

The session's theme and Scripture are not the destination, but the invitation—
to <u>cultivate margin</u> so Christ can further do His personal, transforming work in you...
...aligned to your God-given design!



You carry your personal Brave Space into daily life—experimenting with your next step in the real contexts where you live, work, and play...all the while cultivating intentional margin that deepens your abiding in the Spirit. The following week we regroup to process, realign, and continue the journey with fresh grace.



## **What You Will Need**

- A quiet corner and a phone or computer with Zoom.
- Your Bible, A journal\* or scrap paper and a favorite pen. (\*Tailor-made Masterpiece
   Reflection Journal Guides available for purchase)
- A heart that's **open, real, raw, and ready** to meet with Jesus—the Shepherd of your soul...together and alone.



#### THE PROMISE

<u>Soul Honesty</u>: Peel back layers you've dismissed or left unsaid and let God gently speak to the nitty-gritty of your heart.

<u>Divine Clarity:</u> Trade mental clutter for Spirit-led insight and Scripture-anchored direction in the stillness.

<u>Practical Margin</u>: Gain rhythms that protect your inner life amid relentless demands and the world's fast-paced rush.

<u>Gospel Impact</u>: Lead, serve, and love from wholeness—so your influence carries Christ's aroma, not your exhaustion.

<u>Ongoing Flourishing:</u> Week by week, watch peace, joy, & intentionality take deeper root inside—flowing outward to everyone you touch.

# The Brave Space Why It's Unlike Anything Else

The Brave Space is <u>not</u> a Bible study group, <u>not</u> a training, and <u>not</u> a webinar.

The Brave Space is an intentionally curated experience that offers:

A Safe Space to Challenge Your Spiritual Status Quo Many of us have gotten so comfortable in our pace and patterns that we don't realize just how crowded our lives have become. This journey lovingly helps you see where you've settled and invites you to step out of the squeeze and further into God's abundant life.

## ✓ A Sacred Space to Look Into God's Mirror

Here, we slow down and actually examine our thoughts, assumptions, fears, and schedules under the truth of God's Word. We wrestle with what's been buried beneath the pace of life—and we do it together, without shame.

## A Real Space to Let Your Guard Down

This is where you can bring your "crazy" without fear. We exchange judgment for empathy, polish for honesty, and pressure for peace. We all come in messy, and we walk together into the beauty of God's promises and peace.

## A Long-Term Space for Lasting Change

This isn't a one-off workshop or motivational weekend. This is a marathon-minded journey where you commit to slow growth, deep transformation, and daily alignment with your God-given design.

## 10 Indications that Your Faithful Life Might be OVERCROWDED

Your life may look faithful and fruitful, but something inside you aches for more. If your soul feels exhausted, squeezed thin, or spiritually disconnected, you're not alone—and you're not designed to stay stuck.

#### You might be living life overcrowded if...

- 1. You serve faithfully, yet feel strangely out of place in your own story.
- 2. Your calendar is godly-full, but your soul is margin-bare.
- 3. You silence God-planted dreams because duty always shouts louder.
- 4. You extend grace to others but ignore your own inner ache.
- 5. Your quiet time is rushed, and your soul longs for uncluttered intimacy with God.
- 6. You feel like you're here, but not really present.
- 7. You're constantly showing up for others, but not for yourself or God.
- 8. You dismiss your desires as selfish, while secretly aching for more purpose, clarity, confirmation and peace.
- 9. You're tired of always being "fine"—while inside, you long to let your guard down.
- 10. You wonder, "What if the question isn't 'what's next'—but 'who am I becoming?"

## It's Time for Brave Change.

If you see yourself in these signs, it's not condemnation—
it's invitation.

An invitation to reclaim margin.

TO SLOW DOWN. TO LISTEN DEEPLY. TO REDISCOVER THE REAL YOU GOD DESIGNED FOR HIS GLORY.

## 3 Types of Sacred Space Every Faithful Woman Needs

In The Brave Space, you'll find three rare but desperately needed types of sacred space:

#### 1. Sacred Space to Be Real and Raw

This is a space where masks can fall off and hearts can open wide. God invites us to bring our unfiltered selves. Realness is sacred.

- Psalm 62:8 "Trust in him at all times, O people; pour out your heart before him; God is a refuge for us."
- Counter to Culture: The world rewards polished, curated versions of ourselves. But God dwells with the brokenhearted and the honest (Psalm 34:18).

#### 2. Sacred Space to Be Honest with Yourself

This is where truth meets grace and transformation begins. Women need space to ask hard questions, face inner fears, and identify what's misaligned.

- Lamentations 3:40 "Let us test and examine our ways, and return to the Lord!"
- Counter to Culture: Culture tells women to "be your own truth," but Scripture calls us to be led by the Spirit, not deceived by our hearts (Jeremiah 17:9).

## 3. Sacred Space to Be Spiritually Aligned

This is where women surrender striving and live by abiding in Christ. Sacred space realigns us with God's identity, strength, and purpose.

- John 15:5 "I am the vine; you are the branches... apart from me you can do nothing."
- Counter to Culture: The world praises productivity, but Christ prioritizes presence.



You are God's

Masterbiece

Ephesians 2:10





#### Step 1:

#### **Submit an intake form\* and receive a link to a Free Discovery Call**

This is a *no-pressure conversation* to explore whether The Brave Space Masterpiece Journey is the right fit for you.

NOTE: Brave Space Membership entails a \$200 non-refundable activation fee and then \$20 monthly investments thereafter <u>unless</u> canceled **or** you miss 5 or more consecutive sessions. (A \$200 member activation fee will be required again to join.)

#### Step 2:

#### Sign The Brave Space Covenant THEN Submit Membership Payment

If **after** our Discovery Call together, and The Brave Space feels like a good fit, I'll send you a link to review and complete <u>The Brave Space Covenant</u>. Once it's submitted and approved, you'll receive a follow-up email with payment details.

#### Step 3:

#### **Begin Your Journey**

You will be welcomed as an official *Brave Space* member and be emailed a weekly reminder with **both** a suggestion on how you could prepare your heart/mind for the session **and** the private *BRAVE SPACE* Zoom link to join our private online *Brave Space* calls.

#### **Your Invitation**

You are **God's masterpiece**—designed for purpose, formed for glory. And becoming who He created you to be takes **margin**, **honesty**, and **space** to be **real**.

Slow down, show up, and say yes to this space of deeper work.